



## Drinks & Snacks

|                                |      |
|--------------------------------|------|
| Coffee                         | 1.20 |
| <i>Decaffeinated available</i> | 1.95 |
| Milky Coffee                   | 1.50 |
| Tea                            | 85p  |
| <i>Decaffeinated available</i> |      |
| Hot Chocolate                  | 1.85 |
| Bottle Water                   | 1.00 |
| Bottled Drinks                 | 1.50 |
| Canned Drinks                  | 1.00 |
| Chips                          | 1.50 |
| Chocolate Bars                 | 65p  |
| Crisps                         | 65p  |
| Cakes, Flapjacks & Muffins     | 1.00 |



Have your lunch delivered free  
within a one mile radius!  
(£10 min order)

Corner of Road One & Road Four Winsford  
Industrial Estate

## Buffets

Freshly made on the premises, with a range of sweet and savoury platters. Small & large parties catered for from office meetings, business lunches or social engagements. Delivery included!

Visit our website for more details:

[www.ruckstoeat.co.uk](http://www.ruckstoeat.co.uk)

01606 597 500

Rucks to Eat

Road One | Winsford Ind. Est |  
Winsford Cheshire | CW7 3QA



[www.facebook.com/ruckstoeat](http://www.facebook.com/ruckstoeat)



@RuckstoEat



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# RUCKS TO EAT

Fresh Handmade to Order Breakfast, Lunches & Buffets, Eat in or Delivered Free Within a One Mile Radius

Rucks  
to Eat

01606 597 500



# Rucks to Eat Breakfasts

|  |      |
|--|------|
| <b>All Day Breakfast</b>   | 4.95 |
| <i>2 bacon, 2 sausages, egg, mushrooms, beans, tomato, 2 toast &amp; tea</i> |      |
| <b>Mini Breakfast</b>  | 3.75 |
| <i>1 bacon, 1 sausage, egg, mushrooms, 1 slice toast &amp; tea</i>           |      |
| <b>Big Breakfast Bap</b>   | 3.95 |
| <i>Bacon, sausage, egg, tomato or mushrooms</i>                              |      |
| <b>Double Egg on Toast</b>   | 2.30 |
| <b>Beans on Toast</b>  | 2.30 |
| <b>Bacon or Sausage Sandwich</b>   | 2.50 |
| <b>Bacon or Sausage &amp; Egg Sandwich</b>                                   | 2.80 |
| <b>Bacon, Sausage &amp; Egg Sandwich</b>                                     | 3.10 |
| <b>Breakfast Omelette</b>  | 3.95 |
| <i>Bacon, cheese, served with mushrooms &amp; beans</i>                      |      |
| <b>Veggie Breakfast</b>  | 3.50 |
| <i>2 slices toast, egg, beans, mushrooms and tomato</i>                      |      |
| <b>Cheese on Toast</b>   | 2.30 |
| <i>Two slices of white or brown with melted cheese</i>                       |      |
| <b>Additional Portions</b>   |      |
| <i>Egg, mushrooms, tomato, beans &amp; cheese, 2 slices toast</i>            | 65p  |
| <i>Sausage, bacon, black pudding, hash browns</i>                            | 85p  |
| <b>Toasties</b>  |      |
| <i>Cheese &amp; Tomato or Cheese &amp; Onion</i>                             | 2.50 |
| <i>Cheese &amp; Ham</i>  | 2.50 |



# Lunches

|   |      |
|---|------|
| <b>Hot Baguettes</b>  |      |
| <i>Beef &amp; Onion</i>   | 3.55 |
| <i>BLT - Bacon, Lettuce, Tomato</i>   | 3.20 |
| <b>Homemade Pies</b>  | 1.50 |
| <i>Chicken &amp; Mushroom, Chicken &amp; Leek, Meat &amp; Potato, Minced Beef &amp; Onion</i> |      |
| <b>Jacket Potatoes</b>  |      |
| <i>Cheese or Beans</i>  | 3.10 |
| <i>Tuna Mayo or Ham</i>   | 3.40 |
| <i>Beans &amp; Cheese</i>   | 3.40 |
| <i>Prawns or Chili</i>  | 3.65 |
| <i>Chili &amp; Cheese</i>   | 3.95 |
| <b>Panini</b>   |      |
| <i>Cheese &amp; Ham</i>   | 3.30 |
| <i>Cheese &amp; Onion</i>   | 3.30 |
| <i>Cheese, Ham &amp; Onion</i>  | 3.60 |
| <i>Ham, Cheese &amp; Tomato</i>   | 3.60 |
| <i>Tuna Melt</i>  | 3.60 |
| <b>Omelette Meal Deal</b>   |      |
| <i>With chips, salad &amp; drink/tea/coffee</i>   |      |
| <i>Cheese &amp; Onion</i>   | 4.95 |
| <i>Cheese &amp; Ham</i>   | 4.95 |
| <i>Chicken &amp; Mushroom</i>   | 4.95 |
| <b>Soups</b>  | 1.95 |
| <i>Served for eat in or take-away with a freshly buttered roll</i>                            |      |



# Specials

|  |           |
|--|-----------|
| <b>Burger Meal Deal</b>  | 4.80      |
| <i>Beef or chicken burger, chips &amp; drinks can</i>  |           |
| <b>Sausage Casserole</b>   | 4.95      |
| <i>With mash or chips &amp; peas, tea or coffee</i>  |           |
| <b>Chicken Tikka</b>   | 4.95      |
| <i>Tender chicken in a tikka sauce, served with rice or chips with naan bread, tea or coffee</i>       |           |
| <b>Chicken Korma</b>   | 4.95      |
| <i>Tender chicken in a rich creamy sauce, served with rice or chips with naan bread, tea or coffee</i> |           |
| <b>Egg, Sausage Chips &amp; Beans</b>  | 4.85      |
| <i>With bread &amp; butter, tea &amp; coffee</i>   |           |
| <b>Spicy Chicken Wrap &amp; Chips</b>  | 4.85      |
| <i>Chicken breast in a tortilla wrap with chilli sauce, salad &amp; cheese</i>                         |           |
| <b>Chilli with Chips or Rice</b>   | 4.20      |
| <i>Hot wholesome chilli served with chips or rice</i>  |           |
| <b>Fish Friday</b>   | 4.95      |
| <i>Freshly fried battered fish, chips and peas, bread &amp; butter, tea</i>                            |           |
| <b>Salad Boxes</b>   |           |
| <i>Mixed Salad with Meat, Fish or Cheese</i>   | 3.50      |
| <i>Mixed Salad with Prawns &amp; Rose Marie</i>  | 3.95      |
| <i>Sauce</i>   |           |
| <b>Sandwiches Made Fresh to Order</b>  | from 2.20 |

*\*Gluten Free Available\**